

40th Annual Summer Leadership Conference

July 17-21, 2023
Hilton Caribbean Aruba
Resort and Casino



Sustainable Strategies for Healthcare Leaders

Earn 15 CEUs

- with Christina Haxton



ACHCA
American College of
Health Care Administrators
New York Chapter



Learn more at SummerLeadershipConference.org today.



About Christina Haxton

Christina Haxton, MA LMFT is the Founder & CEO of The Center for Sustainable Strategies, an executive coaching and strategic advisory consultancy.

Christina holds a degree in Psychology from UCLA, a Masters degree in marriage and family therapy from Phillips Graduate Institute

and a Certificate in Evidence-Based Coaching for executives and teams from Fielding Graduate University.

Christina brings solutions from her successful career as a Licensed Marriage & Family Therapist to help people from diverse backgrounds and different generations work better together so that strategic initiatives get executed on time if not early.

Along with extensive training and education in business strategy and the neuroscience of effective communication and leadership, Christina offers a keen business sense and a unique perspective to assist busy business owners and executives to build a Culture of Ownership, where 100% of employees take 100% ownership 100% of the time.

A sought after professional speaker, Christina is also the author of numerous articles and research papers on the topics of people and business strategy, and a co-author of *The Character-Based Leader: Instigating a leadership revolution one person at a time.*

Who should attend?

If you are a long-term care leader who wants to enhance your management skills while creating a culture in which your team feels empowered to provide patients with a higher level of service, this conference is for you and the top managers you depend on. Administrators, Owners, CEOs, ACHCA members and non-members, and other health care company providers will all benefit from this 5-day workshop.

Leading a health care services organization has rarely been tougher than it is today. Ongoing regulatory and payment challenges, human resource issues including generational, cultural, and language differences, as well as consumer demands can all challenge leaders and managers. Best-in-Class models for leadership, sound principles of management and the behavioral science of motivation will be presented in a series of highly interactive sessions. You will return to work equipped with new insights, a replenished supply of leadership tools, and a personal program for success.

GO TO NEXT PAGE FOR MORE DETAILS ABOUT THE PROGRAM.

Sustainable Strategies for Healthcare Leaders:

Building Your Leadership Acumen from the Inside Out

Leaders go first. Leadership from the inside out involves developing as a whole person to grow as a whole leader. Only then can you develop and effectively lead your team in a lasting, sustainable way.

Monday

WHAT'S MISSING WHEN IT COMES TO YOUR PERSONAL & ORGANIZATIONAL CORE VALUES (AND HERE'S HOW TO FIX IT)

Now more than ever it's important to be sure to not only know your core values, but also to recognize the signs and the cost of failing to express or experience them. Discover what most people miss when defining core values and how they can help you make critical decisions under pressure.

Tuesday

HOW YOU DO ANYTHING IS HOW YOU DO EVERYTHING: DECODING & LEVERAGING YOUR (AND YOUR TEAM'S) CONATIVE STRENGTHS

Have you ever wondered why some leaders and teams struggle with ineffectiveness and low productivity despite their tremendous talent and effort? Or why some individuals experience low morale and exhaustion despite being in a job they love? This happens when we are forced to work in conflict with our innate abilities. Learn and experience the difference it will make when you understand the cause of up to 85% of workplace stress and conflict and instead know exactly how to redesign your approach to help you and your team dramatically improve collaboration, innovation, and wellbeing at work.

Wednesday

ARE YOU LESS THAN 100% SATISFIED WITH YOUR (OR YOUR TEAM'S) TRACK RECORD FOR ACHIEVING GOALS? IF SO, DO THIS INSTEAD...

Science tells us that only 8% of us achieve our goals. What if you knew exactly what to start doing (and more importantly STOP DOING) to easily turn it around and feel inspired and motivated instead of frustrated or defeated when it comes to goal achievement? Learn 7 key strategies based in neuroscience to accomplish your personal, professional, and organizational goals.

Thursday

THE SECRET TO AVOID BURNOUT & BUILD RESILIENCE IN THE MIDST OF CHANGE, GROWTH & UNCERTAINTY – OR RISK YOUR SANITY, YOUR HEALTH & YOUR CAREER

We know from the past and current events what it takes to successfully lead through uncertainty and change – and it's not for the faint of heart or mind. By recognizing and navigating the emotional shifts that happen for yourself, your team, and your organization during change you can then learn how to build a resiliency mindset for yourself and your team so you can weather the strongest of storms.

Friday

BUILD THE COACHING SKILLS YOU NEED TO RETAIN YOUR KEY PEOPLE (AND KEEP THEM FROM BURNING UP OR BURNING OUT)

People don't leave bad jobs; they leave bad bosses (and burnt-out ones). On the contrary, when you are emotionally healthy yourself and mentally available to simply show you care by informally and formally coaching others, people feel energized and recharged. And they stay loyal and productive through difficult times. Understand what it looks like to build an effective and impactful coaching relationship with your team and how to use powerful coaching conversations to increase agility and resilience in yourself, your team, and your organization.

PLEASE NOTE: Education sessions are from 7:45am to 11:00am, Monday through Friday.



About Our Destination



Aruba's breathtaking white sand beaches, crystal-blue waters and perfect year-round weather makes this the perfect destination for your educational getaway. Aruba is a territory of the Kingdom of the Netherlands physically located in the mid-south of the Caribbean Sea. Together with Bonaire and Curacao, Aruba forms a group referred to as the ABC islands. The Dutch influence can still be seen throughout the island making your stay one to remember.

THE HILTON CARIBBEAN ARUBA RESORT AND CASINO

With its lush tropical gardens, shimmering soft sand beaches, azure blue seas and spectacular sunsets, there is no way to not love Aruba. The Hilton is located in the heart of the Palm Beach Strip, with a variety of spacious guestrooms, many with sweeping ocean views and richly appointed with private balconies.

One of the world's incomparable luxury resorts, the Hilton Caribbean Aruba Resort and Casino offers endless recreation and relaxation possibilities, including beachfront full service eforea Spa, two large pools, waterfalls and freshwater lagoon, dive center, snorkeling rentals, water sports and fitness center.

Enjoy Aruba's best at the Hilton Caribbean Aruba Resort and Casino at our special NYC-ACHCA guestroom rates, single or double occupancy for a standard room (plus taxes, gratuities and resort fees). There are other accommodations available including the Hilton Palm Level, but availability is limited so register early.



ATTENDEES MUST TRAVEL WITH PASSPORT.

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About ACHCA

The New York Chapter of the ACHCA (NYC-ACHCA) is a State affiliate, of the ACHCA that was founded in 1962, the American College of Health Care Administrators is the only professional association devoted solely to meeting the professional needs of long term care administrators and executives. Focusing on advancing leadership excellence, NYC-ACHCA provides professional education and certification to administrators from across the spectrum of long term care.

[Learn more at NYCACHCA.org.](http://NYCACHCA.org)

Earn 15 Continuing Education Credits

The NYC American College of Health Care Administrators is a certified sponsor of professional continuing education with the National Association of Long Term Care Administrator Boards (NAB). NYC-ACHCA has submitted for 15 CEUs from NAB for this program. State licensure boards have final authority on the educational program facilitated by acceptance of individual courses. ACHCA is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.



Register Today, Get 15 CE Credits

(Please duplicate the Registration Form for each attendee.)

NHA # _____ State _____

ALA # _____ State _____

Name _____ NAB #: R _____

Company _____

Address _____

City / State / ZIP _____

Phone _____ Fax _____

Email _____

Questions? Please Call: Larry Slatky at 516.567.4115

ACHCA Members \$569 | Non-Members \$669

Members may bring additional staff from the same facility at a special rate of \$519 per person.
Non-members are invited to bring additional staff at the special rate of \$619 per person.

PAYMENT INFO:

TOTAL FEE _____

Check (*Payable to NYC-ACHCA*)

Mail To: NYC-ACHCA, c/o Larry Slatky, 428 Ridgehill Road | Schenectady, NY 12303

AMEX Discover MasterCard VISA

Name on Card _____

Card Number _____

CVC Code _____ Exp.Date _____

Cardholder Signature _____

I authorize NYC-ACHCA to use the above MasterCard, Discover, VISA, or AMEX to charge applicable registration fees.

To reserve your hotel room, call **297-586-6555**

Mention block code 23ACHA

SPECIAL ACHCA ROOM RATES

(Sales Tax, Occupancy Tax, & Gratuities Extra)

Garden View\$275.00 per night

Partial Ocean View Bonaire Tower\$300.00 per night

Partial Ocean View Aruba Tower\$330.00 per night

Ocean View Bonaire Tower.....\$350.00 per night

Palm Beach Club online published rate.

Please register by May 31, 2023