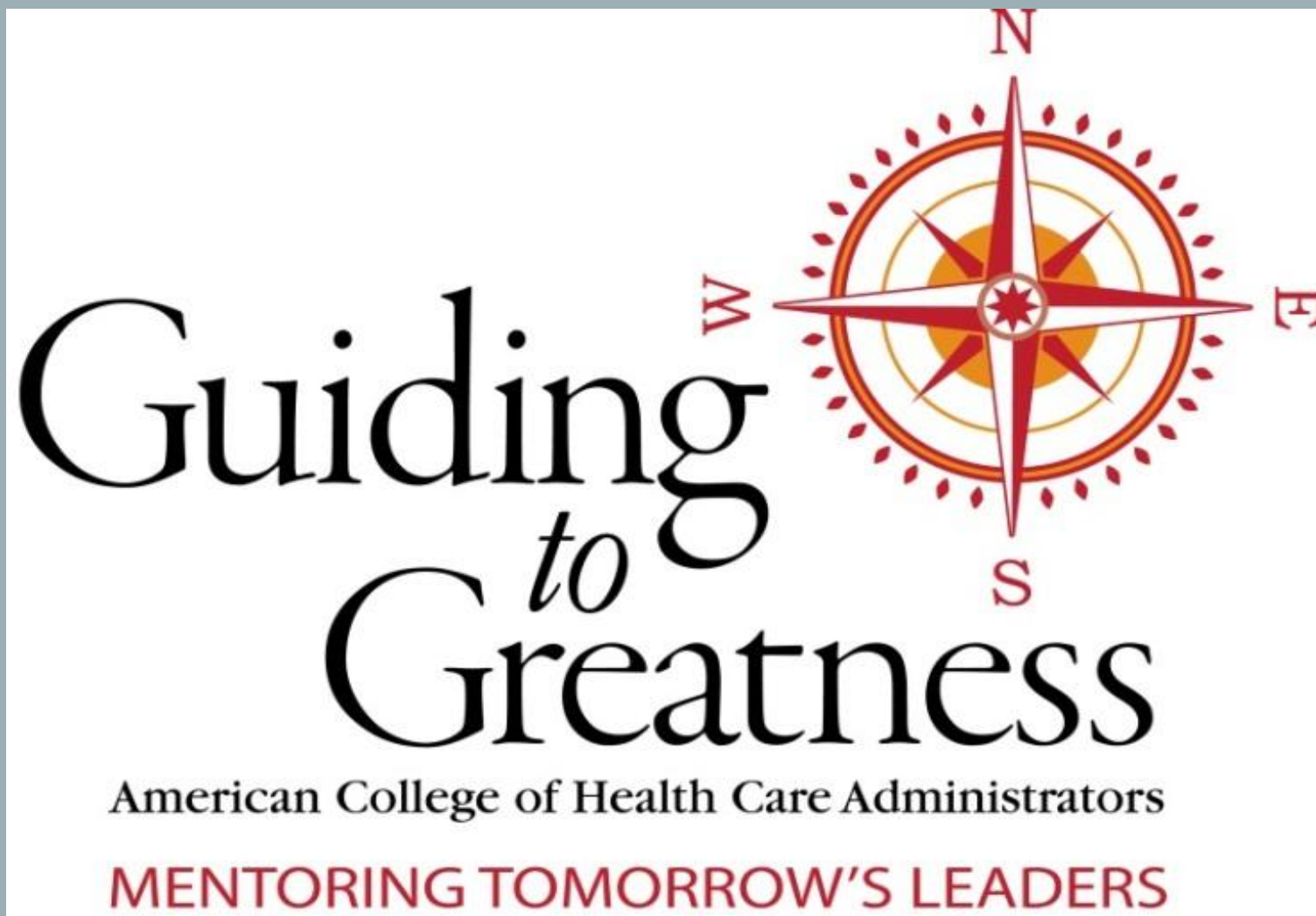


# ACHCA's National Mentoring Program



Facilitated by: Norda Bellantoni,  
CNHA, CALA, CAS, FACHCA  
National Mentoring Committee





# ACHCA

American College of  
Health Care Administrators



National Mentoring Program



Yesterday, Today, Tomorrow



Future Leaders



“Guiding to Greatness”

Enhancing skills for growth and well-being

# COMPREHENSIVE CAREER AND PERSONAL DEVELOPMENT PROGRAM





# Agenda Topics

- Focus on Career Exploration and Development
- Cultivate Leadership and Personal Growth
- Promote Diversity, Equity, and Inclusion
- Enhance Academic Success and Engagement
- Foster Social-Emotional Learning and Well-Being
- Program Structure and Implementation Considerations



FOCUS ON CAREER EXPLORATION  
AND DEVELOPMENT

- **Visualizing Career Paths**
- **Identifying Skills and Interests**
- **Making Informed Decisions**



- **Observing Professionals**
- **Career Insights**
- **Building Connections**

- **Resume Writing Skills**
- **Interview Techniques**
- **Market Yourself Effectively**

## PROFESSIONAL HIGHLIGHTS

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# NETWORKING OPPORTUNITIES



**Importance of Networking**



**Connecting with Professionals**



**Building Relationships**

# CULTIVATE LEADERSHIP AND PERSONAL GROWTH

# LEADERSHIP DEVELOPMENT



**Cultivating Leadership Qualities**

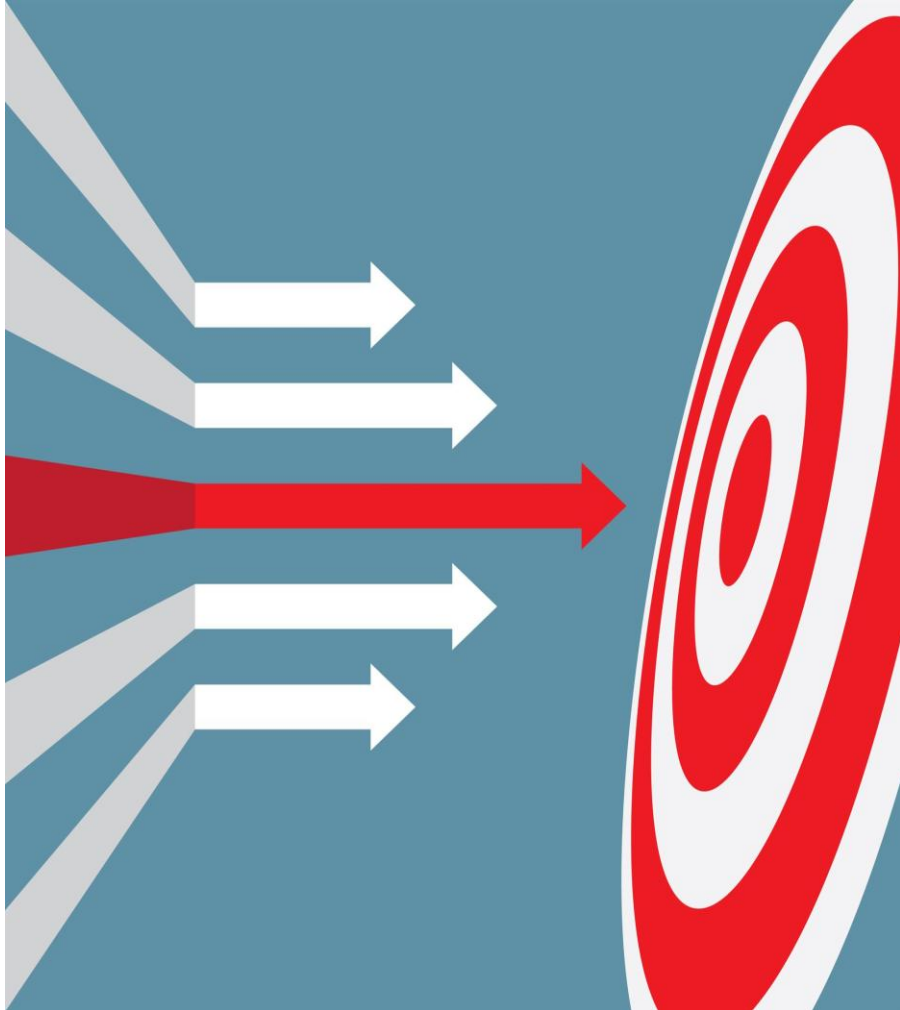


**Improving Decision-Making**



**Inspiring Others**

# Goal Setting and Achievement



- **Importance of Achievable Goals**
- **SMART Goals Framework**
- **Monitoring Progress**
- **Celebrating Achievements**



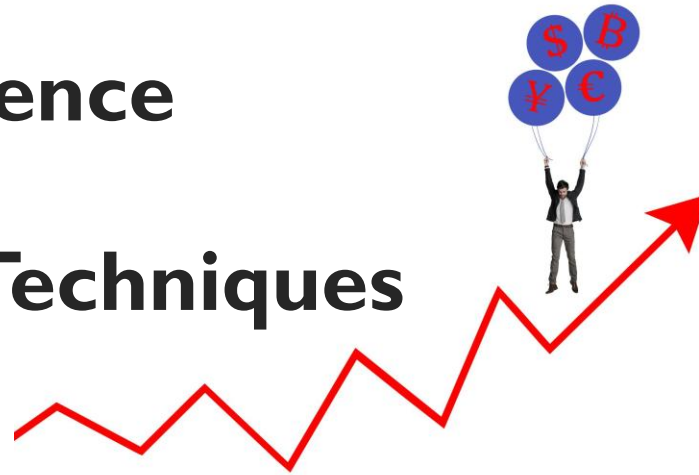
# Conflict Resolution and Communication Skills



- **Importance of Communication**
- **Conflict Resolution Strategies**
- **Enhancing Collaboration**

# Resilience and Stress Management

- **Understanding Resilience**
- **Stress Management Techniques**
- **Coping Strategies**



# DIVERSITY, EQUITY, AND INCLUSION

# CROSS- CULTURAL MENTORING



**Understanding Diverse Perspectives**




**Enriching Learning Experiences**



**Promoting Inclusivity**



- 
- A group of diverse professionals are seated around a dark wooden table in a bright, modern office setting. Large windows in the background let in natural light. Three people are clearly visible: a woman with blonde hair on the left, a man with a beard and glasses in the center, and a woman with grey hair on the right. They are all engaged in conversation. The woman on the right is holding a notepad and a pen. A laptop is open on the table in the foreground. A white text box with a black border is overlaid on the left side of the image, containing a bulleted list.
- **Sense of Belonging**
  - **Prioritizing Diversity**
  - **Equity in Leadership**

ENHANCE ACADEMIC SUCCESS AND  
ENGAGEMENT

# Academic Support and Tutoring



**Personalized Assistance**

**Improving Academic Performance**

**Understanding Course Material**

# Study Skills and Time Management



- **Prioritizing Tasks**
- **Time Management Techniques**
- **Academic Performance Enhancement**



# **Developing Critical Thinking and Problem-Solving Skills**



- **Importance of Critical Thinking**
- **Problem-Solving Strategies**
- **Practical Exercises**

**FOSTER SOCIAL-EMOTIONAL  
LEARNING AND WELL-BEING**

# Building Self-Confidence and Self-Esteem



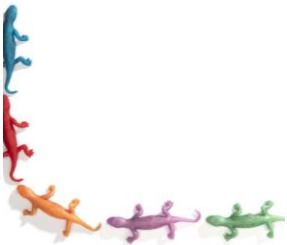
- **Importance of Self-Confidence**
- **Recognizing Strengths**
- **Activities and Strategies**



- **Importance of Relationships**
- **Building Healthy Relationships**
- **Effective Communication Skills**



# EMOTIONAL INTELLIGENCE AND EMPATHY



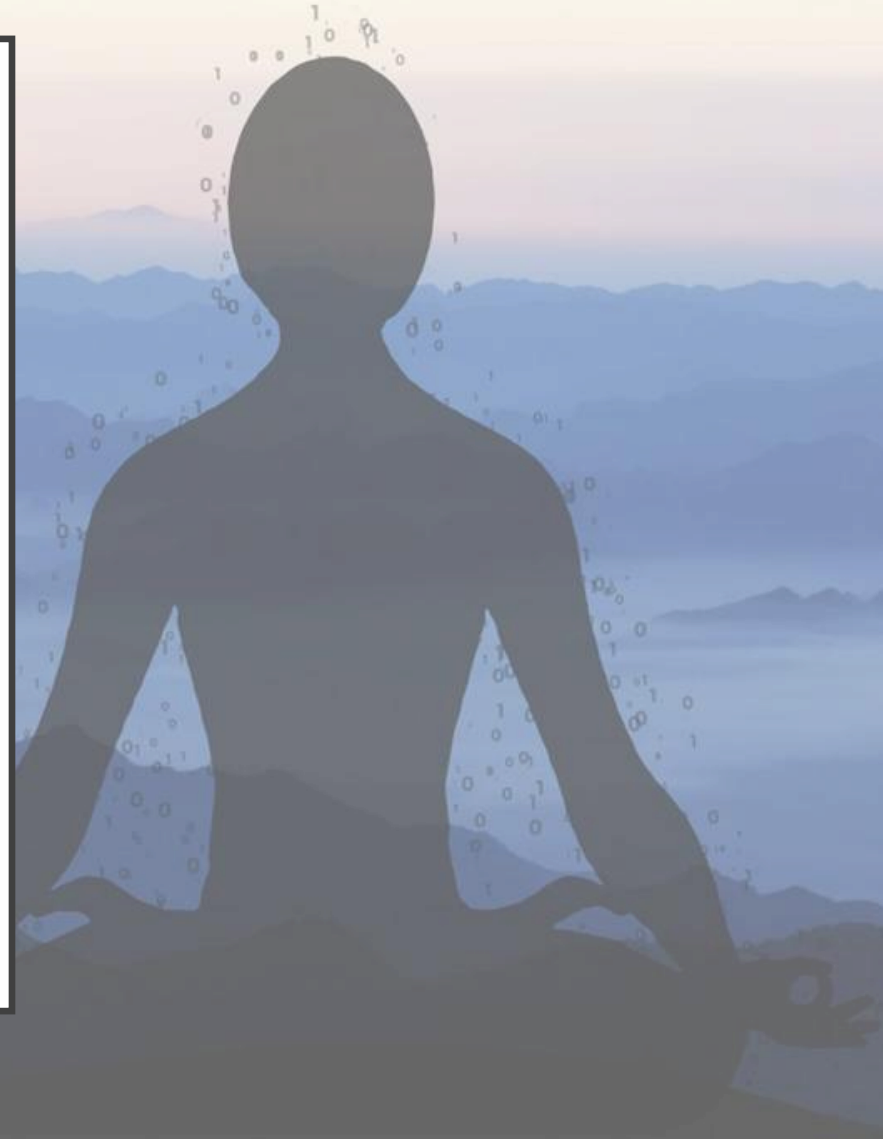
## **Understanding Emotions**



## **Empathy in Interactions Impact on Success**



- **Importance of Mental Health**
- **Strategies for Wellness**
- **Resources for Support**



# PROGRAM STRUCTURE AND IMPLEMENTATION CONSIDERATIONS

# **Clear Goals and Objectives**

- **Importance of Clear Goals**
- **Setting Achievable Targets**
- **Assessing Program Effectiveness**



# CONCLUSION

- **Essential Skills for Success**
- **Career Exploration**
- **Leadership and Diversity**
- **Academic and Emotional Success**

## A SPECIAL THANK YOU TO:

- Phillip Jean, CNHA, FACHCA, National Mentoring Chair
- ACHCA National Mentoring Committee
- ACHCA Mentoring Program Mentors & Proteges
- Vision Centre: Leadership Development for Aging Services, Douglas Olsen, President and CEO
- Podcast One: <https://youtu.be/mmVghUZfxDU>
- Podcast Two: <https://youtu.be/TDk9nop5iLM>



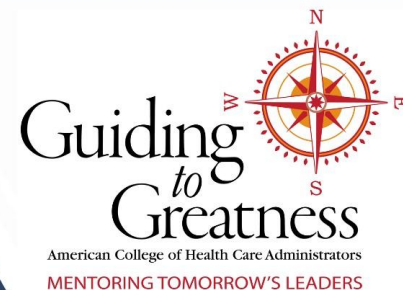
# DON'T WAIT – TAKE THAT NEXT STEP AND MAKE A DIFFERENCE BY BECOMING PART OF ACHCA'S NATIONAL MENTORING PROGRAM



## THE ACHCA MENTORING PROGRAM

ACHCA offers a state-of-the-art mentoring program for the long-term care profession, connecting mentors and protégés across the country. The goal of our mentoring program is to provide a mechanism for ongoing learning, preparation with career advancement, education and peer to peer support.

The mentoring program is now open to protégés, who are students, AITs, and emerging leaders in long-term care and also ACHCA members. Our program is growing rapidly, and we invite you to apply for this amazing member-only benefit.



- **Background:** Staple program of ACHCA.
- **Critical Need:** Advancing Leadership Excellence
- **Win/Win Solution:** Peer to peer support.
- **Professional Opportunity:** Now welcoming **student** protégés



TEXT THREAD



Become a Mentor



Become a Protégé

Additional Information: <https://www.achca.org/mentoring-program>