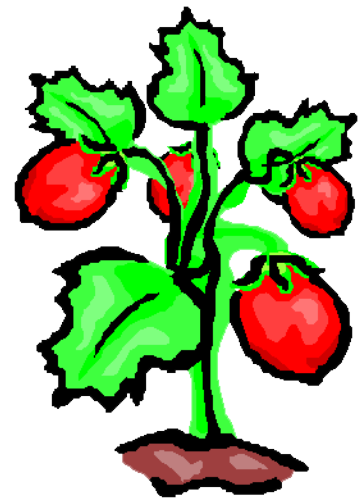
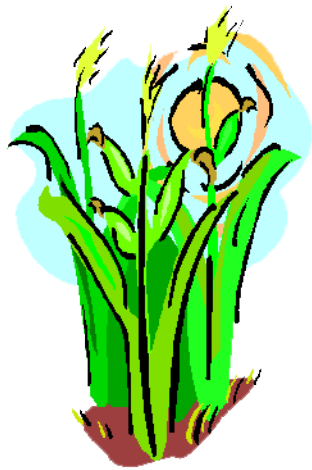


# 54<sup>th</sup> ANNUAL CONVENTION



## Administrators Program & Registration

**MARCH 10-13, 2024  
RESORTS WORLD CATSKILLS**

[MEMBERS.NYCACHCA.COM/EVENTCALENDAR](https://members.nycachca.com/eventcalendar)

**GROWING THE LONG TERM CARE  
PROFESSION TO PERFECTION**

Dear Colleague:

It is our pleasure to invite you to the New York Chapter of the American College of Health Care Administrators 54th Annual Convention, March 10-13, 2024 at Resorts World Catskills. It's an exciting opportunity to join your industry peers and learn from experts in your field. We are excited to build upon the enhancements we have made to our program while continuing to bring you the best possible experience and return on your investment, including a stellar line up of speakers and a return to our new venue.

Our conference theme, "Growing the Long Term Care Profession to Perfection" embodies what our organization truly stands for, representing a spirit of professional growth, inspirational leadership and understanding of our industry. We are guided by the vision that dynamic leadership fosters long term health care services that are meaningful, successful and efficient. Our Education Committee has gone to great lengths to provide educational programs that are inspiring, promote professional development opportunities and position you for success in an ever-changing health care environment. Our program includes sessions for Administrators, Financial Managers and Directors of Nursing/Clinical staff. Participants have the opportunity to earn 18.00 continuing education credits in these break-out sessions.

This year we are eager to return to our exciting new venue, the Resorts World Catskills in Monticello, NY. Visit our 70 corporate sponsors in the spacious exhibit hall and enjoy an unmatched experience in excitement, entertainment and luxury featuring 100,000 square feet of Las Vegas style gaming, 10 bar and restaurant experiences, the Crystal Life Spa and live entertainment on four stages! Resort World Catskills offers an array of indulgent food including Glatt Kosher cuisine. Don't forget to join us Monday night for networking with colleagues and vendors at our Monday Mixer.

We hope you will join us for another successful year! It is more important than ever to understand the challenges of our industry and plan for success through education and advocacy.

We look forward to seeing you at Resorts World Catskills. If you attend only one convention in 2024 make it this one.

Sincerely,

The Convention Committee



**REGISTER TODAY & SAVE!**

[members.nycachca.com/eventcalendar](https://members.nycachca.com/eventcalendar)  
EARLY BIRD Member Price \$499, Non-Member \$549

## EXPERIENCE THE RESORTS WORLD CATSKILLS!

Enjoy an unmatched experience in excitement, entertainment and luxury featuring 100,000 square feet of Las Vegas style gaming, 10 bar and restaurant experiences, the Crystal Life Spa and live entertainment on four stages!

## HOTEL RESERVATIONS: RESORTS WORLD CATSKILLS

Reserve your room now at special convention rates by visiting [www.rwcatskills.com](http://www.rwcatskills.com) or call the Reservations Department at (833) 586-9358 to reserve your room using Booking ID# 1993.

## SPECIAL CONVENTION PRICING

The Alder (1 King).....\$139.00 per night  
The Alder (2 Beds).....\$189.00 per night

RWC Tower (1 King).....\$199.00 per night  
RWC Tower (2 Beds).....\$249.00 per night

# 54<sup>th</sup> ANNUAL CONVENTION

## SUNDAY, MARCH 10, 2024

### 1:00PM – 2:30PM

**SPEAKER:** Dr. David Wolf, Ph. D, MSJ, MSOL

**SESSION:** Understanding the New ACHCA Certification Process

**SUMMARY:** The presentation aims to foster professional excellence among Long-Term and Post-Acute Care Administrators by introducing the newly updated and revised ACHCA Certification program. This credential is a cornerstone of ACHCA's mission to elevate the standards of care and leadership in post-acute and aging services. Certification through ACHCA serves as a mark of distinction, enabling administrators to stand out in a competitive job market while committing to higher standards of resident care.

The presentation will elaborate on the multiple benefits of becoming certified, such as access to professional development opportunities and continuing education. Attendees will gain insights into how ACHCA Certification can significantly impact their career trajectory and the quality of care in their facilities. Participants will learn the new certification process and be given some tips and tricks on how to study for this essential credential.

### 2:45PM – 4:15PM

**SPEAKERS:** Barbara Speedling

**SESSION:** Sex, Drugs, And Rolling Walkers: Redefining Quality of Life for the Next Generation in Long-term Care

**SUMMARY:** As the long-term care industry faces major challenges in regulation, finance, and staffing, the shift in demographics to a more complex population has added another layer of stress.

Resources to develop the type of care and service needed to address issues of mental disorders, substance use, addictions, and other behavioral health needs are in short supply. This session offers a variety of ideas for anticipating and developing common sense approaches to these contemporary challenges. Improving staff education and training in behavioral health and developing strategies to address common symptoms and reactions in mental health are a focus of this conversation.

## MONDAY, MARCH 11, 2024

### 9:00AM – 10:30AM

**SPEAKER:** Lee Silber

**SESSION:** Next Person Up: Getting People Ready to Step Up and Step In When Needed

**SUMMARY:** This session focuses on how skilled nursing and assisted living executives can prepare for employee turnover and not miss a beat. The goal is to have smoother and more efficient transitions (and also be able to better cover short-term absences) resulting in reduced replacement costs.

Award-winning author and presenter Lee Silber brings the topic of turnover management to life and includes relevant examples of how the "Next Person Up" philosophy is successfully used in entertainment, sports, and business



while also offering industry-specific insights and ideas Health Care Administrators can implement.

### OBJECTIVES:

- Use the power of mentorship to train, maintain, and monitor new and younger workers to help them learn the ropes, manage the stress, and get up to speed faster.
- Create playbooks for each position, project, and procedure—shown in a step-by-step format. (Video playbooks will be covered as well.)
- How to start playing the "What if?" game and create alternative plans for worst-case scenarios to help us cover all (most)

contingencies. This includes creating depth charts to see who can cover what if someone is out sick or on vacation, and which positions need back ups.

- Three simple ways to make leading by example a priority.
- Why offering opportunities for employees to learn new skills not only helps them grow, but also makes them more versatile.
- How to use technology to share the big picture and what the "why" is of what you do so your people feel a part of the team and are reminded their work makes a difference.

Dealing proactively and effectively with staff shortages, turnover, and succession are the key to your organization offering quality care. This session offers solutions and does it in an interactive and entertaining way. We also want to be able to retain our superstars and reduce turnover.

### 10:45AM – 12:15PM

**SPEAKERS:** Michael Webb, MS, CCC-SLP, MHA, Melissa Webb, MS, CCC-SLP, Jennifer Mayer, MS, CCC-SLP, Alicia Cantinieri, RN, RAC-MT

**SESSION:** Speech Pathology and Nursing: Partners in Preventing Rehospitalizations

**SUMMARY:** Historically, Speech Pathology and Nursing have struggled with interdisciplinary communication due to differing terminology in patient care. Consequently, as the landscape of SNF patients evolves, the demand for speech services has surged, necessitating enhanced capabilities in treating dysphagia, speech language disorders, and cognitive deficits.

Skillfully orchestrated collaborations between these two leading patient care figures have yielded remarkable clinical outcomes and refined communication practices. This illuminating and educational presentation is dedicated to equipping the audience with the tools to elevate their communication proficiencies within their respective organizations, ultimately benefiting the patients they serve.

### 2:15PM – 3:45PM

**SPEAKER:** David Wolfe, Ph. D, MSJ, MSOL

**SESSION:** Applying Disney Leadership Practices and Principles in LTC/PAC

# ADMINISTRATOR EDUCATION PROGRAM

**SUMMARY:** The presentation aims to inspire Nursing Home Administrators by showcasing how Disney's leadership principles can be applied in long-term care settings to achieve remarkable results.

These principles, often seen as exclusive to the world of entertainment and hospitality, have far-reaching applications in healthcare, particularly in nursing homes and assisted living facilities.

The discussion will kick off with a brief overview of Disney's leadership model, followed by an in-depth exploration of its five key principles. We will delve into how each principle can be adapted to a healthcare context, focusing on areas such as employee engagement, meticulous planning, and patient-centered care.

Two compelling case studies will be presented to demonstrate the practical benefits of implementing these principles. The presentation will conclude with a roadmap of actionable steps, providing administrators with a tangible guide to bring the magic of Disney into their healthcare facilities for improved patient outcomes and staff satisfaction.

## 4:00PM – 5:30PM

**SPEAKERS:** Stephen Hanse, Esq., Neil Murray, Esq., Jim Clyne, Michael Balboni

**SESSION:** Long Term Care Regulatory and Legal Update

**SUMMARY:** New York's health care administrators are facing a number of legal, legislative and regulatory issues that could directly impact their ability to deliver high quality, cost effective long term care throughout the State. This session will shed light on the key legal, legislative and regulatory issues facing providers and examine their practical operational implications as well as their impact on the delivery of care.

## TUESDAY, MARCH 12, 2024

### 9:30AM – 11:00AM

**SPEAKERS:** Larry Slatky, Marc Zimmet, Stephen Hanse, Scott LaRue, Melissa Powell

**SESSION:** What Every Administrator Needs to Know to be Successful in 2024

**SUMMARY:** Leaders in Long Term Care will discuss the current issues in the profession

and what they need to learn and be ready for to deliver high quality of care, quality of life, and run a successful organization.

### 11:15AM – 12:45PM

**SPEAKERS:** Joseph Martello, CPA, Suzanne Breit, CPA, James Budd, CPA, Brian Lee, CPA

**SESSION:** Nursing Home Regulation and Reimbursement: It's a Moving Target

**SUMMARY:** Nursing homes continue to face an increasingly complex operating environment driven by expanded regulations, transformations in reimbursement, expense increases and tight labor markets. Without a proper understanding of the current environment, providers risk reduced reimbursement, lower margins, and regulatory backlash. This session will include a detailed discussion of recent developments in the Nursing Home operating environment, including Medicaid reimbursement, minimum staffing requirements, and the "70/40/5" rules. The session will discuss several operating challenges and how each challenge is measured quantitatively and qualitatively.

### 2:45AM – 4:15PM

**SPEAKERS:** Ken Kern, Esq., Diana DiLeonardo, Esq.

**SESSION:** Nursing Home Strategies for Financial Success & Protecting Your SNF's Reputation

**SUMMARY:** In this presentation, attendees will gain valuable insight into strategies for achieving financial success in nursing home management. This interactive discussion will focus on topics ranging from navigating the complexities of Medicaid eligibility and eligibility redetermination, as well as the complexities of NAMI budgeting and issues involving an applicant's immigration status, domicile, and resulting interjurisdictional disputes. Attendees will also learn the of the significant impact of recent medical debt legislation on nursing home finances, and strategies for collecting outstanding receivables while maintaining compliance with state and federal law. Additionally, the presentation will address the challenges posed by defamatory reviews and social media posts, offering practical advice on managing online reputation in an increasingly digital world.

### 4:30AM – 6:00PM

**SPEAKERS:** Various Vendors

**SESSION:** Idea Exchange

**SUMMARY:** The NY chapter will hold an Idea Exchange session, which offers a unique educational opportunity for face-to-face interaction between conference participants and industry experts about innovative care and service concepts. The Idea Exchange spotlights creative solutions to challenges in long-term care while creating a network for ongoing collaboration and problem-solving.

## WEDNESDAY, MARCH 13, 2024

### 9:00AM – 10:30AM

**SPEAKERS:** Matt Nash, VP of Strategy and Business Development, Preferred Therapy Solutions, Dianne Goodman, Partner, Aligned Solutions, Alyssa Cukerstien, Partner, Aligned Solutions, Bob Eisenstein, LNHA, LICSW, Founding Partner, EF Senior Care

**SESSION:** The Staffing Ratio Crisis: Ignite and recharge with resources aligned to maximize value-based care.

**SUMMARY:** This SED session will focus on the staffing healthcare crisis and how to nourish your facility with action-based resources and a triumphant mindset to inspire, thrive, and develop a resilient workforce model. Attendees will hear from industry leaders in Rehab Management, Government and state sectors, and Skilled Nursing Providers, all of whom have extensive experience in strategy development and reconceptualization with solution-based initiatives addressing staffing shortages.

### 10:45AM – 12:15PM

**SPEAKERS:** Stephanie E. Paton, RN, Ashley Cokgoren

**SESSION:** Survey Readiness: What to Expect

**SUMMARY:** The resurgence effects of the COVID-19 pandemic has not only affected the operations of all nursing homes, but it has also affected the way in which surveys are conducted. From Focus Infection Control Surveys to Certification Surveys to Complaint Surveys; this session will clarify the current process and how to prepare your facility. Is your facility ready?

# ADMINISTRATOR REGISTRATION

For convention registration visit [members.nycachca.com/eventcalendar](https://members.nycachca.com/eventcalendar) or fill out the form below.

If you wish to enroll additional participants, please print additional forms:

## ALL REGISTRATIONS MUST BE PREPAID

### IMPORTANT

1. This program has been submitted for 18 CEU's to the National Continuing Education Review Service NCERS of the National Association of Long-Term Care Administrator Board (NAB) for continuing education credit.
2. ACHCA cancellation policy: Full refund on cancellations postmarked no later than 01/31/24. There will be a \$50 administrative fee charged after that date. No refund after 02/26/24.
3. Program reservations should be made directly with New York Chapter ACHCA (see form).
4. \$25 of non-member registration fee may be applied to College membership if the application is mailed within 60 days of this convention.
5. Complete convention registration form, **include payment**.

#### Return to:

ACHCA/NYC  
c/o Larry Slatky  
428 Ridgehill Rd.  
Schenectady, NY 12303

### REGISTRATION FEE INCLUDES

- Socials
- Educational programs and all literature and educational materials
- Entrance to exhibit hall
- Coffee breaks
- ACHCA welcome gifts
- Convention journal
- Installation banquet

For further information please contact:

**Larry Slatky at  
(516) 567-4115**

Please Print

Name \_\_\_\_\_

Title \_\_\_\_\_ Facility \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Spouse/Guest \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

License No./State(s) \_\_\_\_\_

Are you a licensed nursing home admin?  Yes  No NAB # \_\_\_\_\_

Dining Options:

Regular  Kosher  Gluten Free  Vegetarian

### ADVANCE CONVENTION REGISTRATION

Member Fee (\$499.00 ea.)\* ..... \$ \_\_\_\_\_

Non-Member Fee (\$549.00 ea.) ..... \$ \_\_\_\_\_

Spouse/Guest/Student\*\* (\$250.00 ea.) \$ \_\_\_\_\_

**TOTAL REMITTANCE** ..... \$ \_\_\_\_\_

Registration after 1/31/2024 or on-site registration fee:

- Member \$599.00
- Non-Member \$649.00

*\*If you or your administrator is a member of ACHCA, NYSHFA  
\*\*Student of long term care (A.I.T.) or spouse with no license*

### MULTI FACILITY PACKAGE

Multi Facility Group Registration (On-line registration not available)

Register all employees and spouses/guests for a combined group fee. Please complete this form and return.

Once received, a spreadsheet for your attendees will be provided to you.

Member Fee \$4,500.00 | Non-Member Fee \$4,800.00 \$ \_\_\_\_\_

**TOTAL REMITTANCE (MULTIFACILITY PACKAGE)** ..... \$ \_\_\_\_\_

Card Type:

MasterCard  Visa  Amex  Discover

Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_ CVV \_\_\_\_\_

Name on Card \_\_\_\_\_ Zip \_\_\_\_\_

**Make Checks Payable To: NYC-ACHCA**

Registration Confirmed \_\_\_\_\_



## ATTENTION ADMINISTRATORS!

# 54<sup>th</sup> ANNUAL CONVENTION | MARCH 10-13, 2024

## ADMINISTRATOR AGENDA

### SUNDAY, MARCH 10, 2024

- 11:00 am – 6:00 pm Registration
- 1:00 pm – 2:30 pm Understanding the New ACHCA Certification Process
- 2:30 pm – 2:45 pm Break
- 2:45 pm – 4:15 pm Sex, Drugs, And Rolling Walkers: Redefining Quality of Life for the Next
- 6:00 pm Dinner (On Your Own)

### MONDAY, MARCH 11, 2024

- 7:00 am – 6:00 pm Registration Open
- 7:00 am – 9:30 am Breakfast
- 9:00 am – 10:30 am Keynote Address
- 10:30 am – 10:45 am Break
- 10:45 am – 12:15 pm Speech Pathology and Nursing: Partners in Preventing Rehospitalizations
- 12:15 pm – 2:15 pm Exhibit Hall Open - Lunch with Exhibitors
- 2:15 pm – 3:45 pm Applying Disney Leadership Practices and Principles in LTC/PAC
- 3:45 pm – 4:00 pm Break
- 4:00 pm – 5:30 pm Long Term Care Regulatory and Legal Update
- 6:00 pm The Monday Mixer – Exclusive Gathering for all Convention Attendees

### TUESDAY, MARCH 12, 2024

- 7:00 am – 6:00 pm Registration Open
- 7:00 am – 8:00 am Breakfast
- 8:15 am – 9:15 am New York Chapter Business Meeting & Chairperson Recognition
- 9:30 am -11:00 am What Every Administrator Needs to Know to be Successful in 2024
- 11:00 am – 11:15 am Break
- 11:15 am – 12:45 pm Nursing Home Regulation and Reimbursement: It's a Moving Target
- 12:45 pm – 2:45 pm Exhibit Hall Open - Lunch with Exhibitors
- 2:45 pm – 4:15 pm Nursing Home Strategies for Financial Success & Protecting Your SNF's Reputation
- 4:15 pm – 4:30 pm Break
- 4:30 pm – 6:00 pm Idea Exchange
- 6:30 pm – 7:30 pm President's Reception
- 7:30 pm – 9:30 pm Installation Banquet

### WEDNESDAY, MARCH 13, 2024

- 7:00 am – 9:00 am Breakfast
- 9:00 am – 10:30 am The Staffing Ratio Crisis
- 10:30 am – 10:45 am Break
- 10:45 am – 12:15 pm Survey Readiness: What to Expect